

12 September 2021:  
Trinity 15

Proper 19: OT wk 24: Track 2

The Parish of East Preston with Kingston

St Mary the Virgin

NOTICE SHEET



**Sunday Club** is back today **Sun 12 Sept!**

**Family Support Work (FSW)** is extending its work into East Preston. The local Deanery Support Group for FSW is meeting on **Wed 15 Sept 2pm** at St Peter & St Paul's. If you'd like to go along & find out more about how we as a church can support FSW in their work, please let Rev'd Emma know.

*Pauline writes:* Is there anyone willing and able to join the '**Keep Churchyard Tidy Group**'? We will meet on **Fri 17 Sept** & every **3rd Friday of the month 9.30am**. We would certainly welcome more volunteers. For more info phone Pauline 01903 412961

Following the success of **Music Night** in Feb 2020, this time there are two chances to enjoy the house band and special guests on **Fri 17** or **Sat 18 Sept**, door open at 7pm. Tickets available from Chris (01903 784206) or online: <https://bit.ly/music-night>

Tickets for the **Harvest Supper & Quiz** on **Sat 2 Oct** are available from Pauline. £5 each to include a ham or cheese ploughman's. Bring your own drinks.

If you'd like to donate towards flowers in the church for **Harvest (Sun 3 Oct)**, please give your donation to Jenny (772247).

The **Friends of St Mary's** invite you to an **Open Afternoon Sun 17 Oct 2-6pm**. Come along for tea, coffee & cake, & learn about the history of the building, as well as what the Friends of St Mary's do. If you're not yet a member of the Friends of St Mary's, application forms are available at the back of the church or on the website: <https://bit.ly/friends-SMEP>

Peter Galloway, a friend of Sue & Jim Douglas, is running the London Marathon for the Anthony Nolan charity. You can sponsor him here: <https://www.justgiving.com/fundraising/peter-Galloway2021>

Explore God's call on our lives & reflect on our response at a **Joint Day of Prayer with St Peter & St Paul's, Rustington Wed 29 Sept**  
**9am** Morning Prayer (St P & St P/Zoom), **11am** Holy Communion (St P & St P), **12:15pm** Midday Prayer/ Picnic on the Beach (bottom of Pigeonhouse Lane), **4pm** Meditation (St Marys'), **5pm** Evening Prayer (St Marys'), **9pm** Compline (Zoom). Full details soon!

#### Eco Tip of the month:

September brings us our harvest.

Do we check where our fresh food comes from?

Let's buy local where we can, which will help with our carbon footprint. Perhaps we could just enjoy our variety of fruit & veg by buying only when in season, instead of expecting to have it all the year round.

Where possible, buy fruit & veg with the least amount of packaging..... Less Plastic.

How about looking out for those Fairtrade products too.

We give thanks for the abundance of food we have here in the Western world. We are well blessed. Help us Lord not to take it for granted, and help us not to waste what you have so generously given to us..... Amen

*Dates for your diary:* **Harvest** (Sun 3 Oct), **Pet Service** (3pm Sun 10 Oct), **Service of Remembrance for All Souls** (3pm Sun 31 Oct), **Christmas Fair** (Sat 4 Dec)

**Please remember in your prayers those in special need especially:** Gordon; Janet; Sue Ralph; Lucy Parkes; Andrew Moore; John White, Ann Mitchell; Timothy Lovett; Ray Hand; Jean Hornby; David Lewellyn, Chris Eschbaecher; Doreen Elsam.

**We remember those who've died recently:** Martin Hill; Jacqueline Delauney; Ryan; Peter Alan Leighton; Margaret Carruthers;

**and those whose anniversary falls this coming week:** Gerald Penny; Ernest Uren; Malcolm Davey; Ralph Bury; Philip Turnbull; Leonard Drury; Sister Janet Mary of The Cross; Norman Brown; Rosemary Burrow; William Drury; Kathleen Crane; Terri Moore; Gary Ayling; Iain Thornton

**Next Sunday's readings** (19 Sept: Trinity 16, Proper 20, OT wk 25; Track 2):

Using your smartphone this QR code enables you to support St Mary's via a debit or credit card:



Vicar: Fr Andrew Perry : The Vicarage, 33 Vicarage Lane, East Preston BN16 2SP : 01903 78 33 18 : [revajperry@btinternet.com](mailto:revajperry@btinternet.com)

Curate: Rev Emma Ham-Riche : 20 The Ridings, East Preston BN16 2TN : 01903 783958 : [ehamriche@gmail.com](mailto:ehamriche@gmail.com)

Safeguarding Representative: Tracey Hammond 07751323253 : [safeguardingstmarys@btinternet.com](mailto:safeguardingstmarys@btinternet.com)

[www.stmarysep.org.uk](http://www.stmarysep.org.uk) : [www.facebook.com/groups/stmaryseastpreston](https://www.facebook.com/groups/stmaryseastpreston) (Monday is Rev Emma's day off: Friday is Fr Andrew's day off)

St Mary's is a Registered Charity and our number is: 1180544

**Collect:**

God, who in generous mercy sent the Holy Spirit upon your Church in the burning fire of your love: grant that your people may be fervent in the fellowship of the gospel that, always abiding in you, they may be found steadfast in faith and active in service; through Jesus Christ, your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen

**A reading from the prophet of Isaiah:**

The servant of the Lord said: "The Lord GOD has given me the tongue of a teacher, that I may know how to sustain the weary with a word. Morning by morning he wakens wakens my ear to listen as those who are taught.

The Lord GOD has opened my ear, and I was not rebellious, I did not turn backward. I gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting.

The Lord GOD helps me; therefore I have not been disgraced; therefore I have set my face like flint, and I know that I shall not be put to shame; he who vindicates me is near. Who will contend with me? Let us stand up together. Who are my adversaries? Let them confront me. It is the Lord GOD who helps me; who will declare me guilty?"

**A reading from the letter of James:**

Not many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. For all of us make many mistakes. Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle. If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great exploits.

How great a forest is set ablaze by a small fire! And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, but no one can tame the tongue a restless evil, full of deadly poison. With it we bless the Lord and Father, and with it we curse those who are made in the likeness of God. From the same

mouth come blessing and cursing. My brothers and sisters, this ought not to be so. Does a spring pour forth from the same opening both fresh and brackish water? Can a fig tree, my brothers and sisters, yield olives, or a grapevine figs? No more can salt water yield fresh.

**A reading from the Gospel of St Mark:**

Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, "Who do people say that I am?" And they answered him, "John the Baptist; and others, Elijah; and still others, one of the prophets." He asked them, "But who do you say that I am?" Peter answered him, "You are the Messiah." And he sternly ordered them not to tell anyone about him.

Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things."

He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels."

**Post Communion:**

Keep, O Lord, your Church, with your perpetual mercy; and, because without you our human frailty cannot but fall, keep us ever by your help from all things hurtful, and lead us to all things profitable to our salvation; through Jesus Christ our Lord.