24 January 2021: The Third Sunday of Epiphany Year B

The Parish of East Preston with Kingston St Mary the Virgin



Welcome to Life In Lockdown! Thank

you for all that you're doing to stay safe and stick to the restrictions about movement and contact etc - it is difficult and frustrating, but the best way to contain the spread of this disease. Thank you for bearing with us in this strange times; thank you for your prayers and concern; and thank you for your understanding. As in previous lockdowns we have gone on line: Sunday mass will be live-streamed from the home of the clergy at 10am; Morning Prayer will be livestreamed at 9am and Compline at 9pm. We have re-instated the Virtual Coffee Morning on Zoom at 10am on Thursdays. The link will be available from one of the clergy. You can join by telephone too.

From Richard and Jenny, Covid-19 Vaccination Champions: 'The Sussex vaccination programme has launched a new campaign to provide clear public

information to members of the public, and patients. They are working to vaccinate as many people as possible as quickly as possible, but deploying a vaccine at this scale is unprecedented. Timing will be dependent to a large extent on manufacturing timescales and supply. Please do not call your GP practice to find out more about the vaccination programme and to make an appointment. GP practices are incredibly busy at the moment providing their day to day care for patients.'

Ann Ridley writes: 'This year the 100 Club draws will take place on: 21 February, 18 April, 20 June, 15 August, 17 October, 12 December. If you would like to join the 100 Club please contact me at annridley00@gmail.com or phone 01903 775795 and I'll send you the forms to complete.'

Food Banks seem to be even busier during these uncertain days. We're supporting the Family Support Work Food Bank. There is a box in the Vicarage porch for donations. Thank you.

Anne and Nigel Dawson have moved to their new home in Barnham. They write that they are 'very, very sad, and will miss so much the lovely church, neighbourhood, and comradeship of working in God's service. We hope you all prosper, get through the epidemic and have a bright future. God's many

blessings to your families. May your Guardian Angels protect you always, also our animal congregation.' If you would like Anne & Nigel's new address, please contact Fr Andrew or Rev'd Emma.

Chris writes: 'Woody's Weekly Weigh-in will now have to take a different form! We won't be allowed to meet weekly in the Church for a while, but if you have a set of scales at home, we can do it 'virtually.' All you need to do is to weigh yourself every Friday morning, and e-mail me or phone me with the result. *I promise* that your weight will not be shared with anybody!! I'll keep a record of everybody's progress, and at the end of the 10 weeks we can reveal how many pounds the group as <u>a whole</u> has managed to lose. There will be a £10 entry fee for the 10 week course, and if anybody would be kind enough to sponsor us (X-pence for each pound collectively lost by the group) please e-mail or phone me with your pledges! All funds go to St Mary's, of course, and all cheques made out to 'PCC of East Preston,' please. For all details, please contact me by email at <u>chris.wood59@outlook.com</u> or by phone on 01903 784206

Please remember in your prayers those in special need especially: Gordon; Janet; Anne Langley; June Kirkham; Sue Ralph; Lucy Parkes; John Quigley; Sue Douglas; Kayley; Peter; John White: Angie Jackson, Brian and Mavis Cooke; Mary Darby.

We remember those who've died recently: Brenda Jones; Gavin Waterer; Daphne Sayer. and those whose anniversary falls this coming week: Elizabeth Cunnew; Phyllis Bailey; Guy Burrow; William Wakeling; Bill Laker; Sisters Pauline, Jane & Jessica of The Cross; Leonard Smithson; Harry Brown; Cyril Murphy; Robin Clarke; Irene Lansbury.

Next Sunday's readings (31 January: Candlemas): Malachi 3.1-5; Hebrews 2. 14-end; Luke 2.22-40

Using your smartphone this QR code enables you to support St Mary's via a debit or credit card:



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www.stmarysep.org.uk : www.facebook.com/groups/stmaryseastpreston (Monday is Rev Emma's day off: Friday is Fr Andrew's day off) St Mary's is a Registered Charity and our number is: 1180544